11th Annual CHIVA Conference

12th May 2017 • Liverpool

“Facing the challenges”
Sponsorship

ViiV Healthcare has provided major sponsorship towards the costs of this conference, but have had no input into or influence over the agenda or content or selection of speakers. Additionally, ViiV supported the CHIVA Youth Committee led symposium, Abstract Presentations and Critical Reviewer attendance via an educational grant. CHIVA received sponsorship from Gilead for delegate scholarship which included all costs for 10 people to attend conference.

Awards

One poster and one oral abstract submission of those selected to present will be awarded a prize of one year’s free CHIVA membership (2018) and a delegate place at the Annual CHIVA Spring conference 2018. The posters will be judged on the day and both awards will be announced at the closing session at 16.45.
Welcome
from CHIVA Chair

We are delighted to welcome you to the 11th Annual Conference of the Children's HIV Association in Liverpool, at the Liner Hotel. We are pleased that Dr Stephane Paulus has been able to accept our invitation to be our Local Host at the conference.

We would like to thank all our speakers who have agreed to present their work and those who have submitted research being presented as posters. I am certain that their experience and expertise will benefit all of those attending the conference.

We have an exciting and varied programme which includes a debate about whether long term non-progressors should start treatment regardless of CD4 count, an update on antiretroviral drugs and recent drug trials in children. There will be an update on CHIVA guidelines, including new travel guidance. We have sessions looking at psychosocial aspects of HIV, including stigma and the health of HIV negative siblings, as well as a range of other topics. In addition the CHIVA Youth Committee symposium will I am sure be informative and thought provoking.

The CHIVA AGM will be held prior to lunch and I would encourage all members to attend as there have been a number of exciting developments for CHIVA in the last year and the meeting provides a forum for discussion with CHIVA officers and members of the Executive Committee.

We hope that you all enjoy the conference and find it of relevance to your practice and your educational needs.

Best Wishes,

Dr Amanda Williams
Chair
Children's HIV Association

Welcome
from CHIVA Youth Committee

We welcome you to our conference in Liverpool. We hope you enjoy the day. Don't hesitate to come and talk to us if you have any questions about young people and HIV! We will be at the CHIVA stand.

We are very excited about our symposium which is taking place at 3.10pm today. We hope you will gain an insight into how it feels to grow up with HIV and in particular our experiences in clinic and with our healthcare professionals.

Have a great day!

CHIVA Youth Committee
Friday 12th May 2017 Liner Hotel, Liverpool

08.45-09.15  Registration and coffee

09.15-09.30  Introduction and Welcome
Dr Amanda Williams CHIVA Chair Consultant Paediatrician
London North West Healthcare NHS Trust Dr Stephane Paulus Local Host Consultant in Paediatric Immunology & Infectious Diseases Alder Hey Children's Hospital CHIVA Youth Committee (CYC) Chair

09.30-10.00  Invited Lecture- Liverpool School of Tropical Medicine ‘From HIV to ONE world health- changing perspectives’
Dr Ralf Weigel Honorary Consultant Liverpool School of Tropical Medicine Alder Hey Children's Hospital

10.00-10.25  BOS! Breather, Odyssey and Smile Trial Updates / CHIVA Guidelines -What's New?
Dr Anna Turkova Paediatrician Imperial College Healthcare Trust Research Clinician at PENTA and MRC CTU at UCL

10.25-11.00  DEBATE: To treat or not to treat? Long term non-progressors should start treatment regardless of CD4 count
FOR: Professor Nigel Klein Professor in Infectious Diseases & Immunology Institute of Child Health at UCL Great Ormond Street Children's Hospital AGAINST: Dr Andrew Riordan Consultant Paediatric Immunology & Infectious Diseases Alder Hey Children's Hospital

11.00-11.20  Coffee break

11.20-11.45  Living with Stigma and challenging self-stigma
Dr Tomás Campbell Consultant Clinical Psychologist in Independent Practice

11.45-12.10  The health and well-being of negative siblings: Research Findings
Ms Marthe Le Prevost Senior Research Nurse MRC Clinical Trials Unit at UCL

12.10-12.35  Supporting LGBT+ young people in health care
Dr Thom O'Neill Paediatric Clinical Research Fellow Royal Hospital for Sick Children Edinburgh

12.35-13.00  CHIVA AGM

13.00-13.45  Lunch and Poster viewing

13.45-14.25  4x 10 minute oral research presentations selected from abstract submissions:
- Sexual health of young people with or without perinatal HIV in England
  Ms Kate Sturgeon Senior Research Nurse MRC Clinical Trials Unit at UCL
  Ms Patricia Rojas-Sánchez Research Associate University of Birmingham
- Growing up with perinatal HIV: changes in clinical outcomes before and after transfer to adult care in the UK
  Dr Ali Judd Epidemiologist EPPICC, CHIPS & AALPHI

• CHAIRS Dr Steve Welch, Dr Katja Doerholt
• CHAIRS Dr Srini Bandi, Miss Katie Rowson
• CHAIRS Dr Alasdair Bamford, Dr Fiona Shackley
13.45-14.25 - Predictors of adherence to antiretroviral therapy among adolescents with perinatal HIV in England
Dr Ali Judd

14.25-14.55 Drugs update
Professor Saye Khoo Professor in Molecular and Clinical Pharmacology University of Liverpool Consultant Physician Royal Liverpool Hospital

14.55-15.10 Coffee Break

• CHAIRS Dr Fiona Thompson, Dr Bala Subramaniam •

15.10-16.00 CHIVA Youth Committee Symposium supported by ViiV Healthcare
CHIVA Youth Committee Ms Abi Carter Participation Officer CHIVA

16.00-16.15 CHIVA Travel guidelines
Dr Natalie Prevatt Paediatric (ID SPIN) Specialist Registrar (ST7) Great Ormond Street Children's Hospital

16.15-16.45 Interactive Case Presentations with expert panel
Ms Sue Yeadon HIV trainer, Community support team lead Oxford Health and panel

16.45-17.00 Awards and Close
Dr Amanda Williams CHIVA chair

Conference aims and objectives

• To ensure every child in the UK with HIV receives the optimum health care by providing up to date expert understanding of best practice in the treatment and care of children and young people with HIV
• To provide dissemination of recent research in the field of paediatric HIV
• To explore specific issues faced by children and young people with HIV and increase understanding of how HIV may impact on their lives
• To provide opportunities for young patients to share their experiences of clinical care and inform and influence clinical practice

RCPCH has approved this activity for CPD in accordance with the current RCPCH guidelines.

CHIVA conference will be of value to all health care professionals involved in the treatment and care of children and young people with HIV; social care and voluntary sector employees involved in care and support provision for children and young people with HIV; HIV advocates and activists seeking enhanced understanding of issues affecting children and young people with HIV and those working in children's policy and practice development.
**SPEAKER BIOGRAPHIES**

**Dr Ralf Wiegel** is a Senior clinical Lecturer at the Liverpool School of Tropical Medicine leading the clinical MSc programmes. Besides his teaching at LSTM's taught and professional courses he works as an Honorary Consultant at the Royal Liverpool Children's Hospital with the Infectious Diseases team. Prior to this he supported the rollout of HIV-related services in Lilongwe, Malawi, as a technical advisor and clinician under the Ministry of Health and CIM/GIZ. Ralf trained and qualified as a paediatrician in the Charité Hospital Berlin. His research interest lies in paediatric HIV and TB, adherence and retention in care. He holds an MSc in Infectious Diseases from LSHTM and a PhD from the University of Amsterdam.

**Dr Anna Turkova** is a research clinician at the MRC CTU at UCL, London, and an Honorary Consultant Paediatrician at the Great Ormond Street Hospital. She is a research clinician in the BREATHER, ODYSSEY, SHINE, TB CHAMP trials and HIV observational studies in the UK and Europe (CHIPS, EPPICC). She is teaching on the Paediatric European Network for Treatment of AIDS (PENTA) courses in Eastern Europe, Central Asia and Africa, Msc in Paediatrics (UCL), MSc in Clinical Trials (MRC CTU at UCL). Anna has been a member of CHIVA since 2006 and in 2015 she was elected to the Executive CHIVA. She is a current chair of the CHIVA Guidelines Subcommittee. The main interests are clinical trials, HIV, co-infections, viral hepatitis and TB.

**Professor Nigel Klein** Nigel Klein is Professor and Consultant in Paediatric Infectious Diseases and Immunology at Great Ormond Street Children's Hospital, London, and the Professor of Infection and Immunity at the UCL Great Ormond Street Institute of Child Health. He established and led the Infectious Diseases and Microbiology Unit at ICH until 2014 and established and led the Department of Infection at UCL for 5 years until 2008. He has been working in the fields of Infectious Diseases for 30 years and has a particular interest in Meningitis, Sepsis, Immune development, premature labour and HIV. He has served on the Malawi Liverpool Welcome Trust International Scientific Advisory Board and the MRC International Nutrition Group Scientific Advisory Board. He is a member of the PENTA Steering committee and Immunology and Virology group, and is on the editorial boards of two Journals. He is currently on the Paediatric Medicines Expert Advisory Group of the Medicines and Healthcare Products Regulatory Agency. He has just been appointed as Lead of the Paediatric Programme at the Wellcome Trust funded African Health Research Institute in KwaZulu-Natal.

**Dr Andrew Riordan** is a Consultant in Paediatric Infectious Diseases and Immunology at Alder Hey Children's NHS Foundation Trust in Liverpool. He was a committee member of the Children's HIV Association and was the lead clinician for the North West Children's HIV Network 2010-2013.

**Dr Natalie Prevatt** is a Paediatric registrar with a special interest in Infectious Diseases and Tropical medicine, training in the London deanery. She has diplomas in Paediatric ID, and Tropical medicine, and is certified to practice by the International Society of Travel Medicine. She worked in acute Paediatrics in a developing world setting in Lesotho, Uganda, Kenya and Tanzania, before undertaking a fellowship in Travel Medicine at the Hospital for Tropical Diseases in London to concentrate on the needs of children travelling from the UK. Natalie piloted the East African Diploma in Tropical Medicine for the London School of Hygiene and Tropical Medicine (LSHTM) and continues to lecture on Travel medicine and International Child Health. Natalie is also passionate about the use of remote-access learning and created the LSHTM Travel Medicine e-learning course, which will be released in 2017.

**Dr Tomás Campbell** is a clinical psychologist who has worked particularly with adolescents and their families since 2004. He ran a support group for HIV+ young people for more than 10 years in London and has published papers about the progress of this cohort. He is the chair of trustees of a South African based charity that runs the only dedicated adolescent HIV clinic in sub-Saharan Africa. He is particularly interested in neuro-cognitive impairment in this group and is currently co-authoring a book chapter on this issue. HIV stigma is also a passion and he is committed to developing effective interventions to reduce the impact of stigma on our young people.

**Ms Marthe Le Prevost** is a Senior Research Nurse at MRC Clinical Trials Unit at UCL. She has over 15 years academic and clinical experience working in paediatric HIV. She is responsible for the design,
co-ordination and delivery of the Adolescent and Adults Living with Perinatal HIV Cohort (AALPHI). She has been awarded an MRC studentship for her PhD at the London School of Hygiene and Tropical Medicine where she is carrying out a mixed methods study of psychosocial issues and retention in health care in young people with perinatal HIV in the AALPHI cohort in the UK.

Dr Thom O’Neill is a paediatric clinical research fellow at the Royal Hospital for Sick Children, Edinburgh. He has delivered a number of conference presentations and grand rounds aimed at improving healthcare for LGBTQ+ Youth; and along with colleagues from London has provided the Royal College of Paediatrics and Child Health with suggested improvements for their general curriculum to incorporate LGBTQ+ healthcare inequalities. Thom has written for Archives of Diseases in Childhood about this subject, and has recently partnered with the Rural GP Association in Scotland to work on improving healthcare access and experiences for LGBTQ+ youth and also older people. Thom teaches at the University of Glasgow, runs a student selected component module about Pre-Exposure Prophylaxis (PrEP) for adolescents at the University of Edinburgh, and is a Clinical Educator for South East Scotland.

Ms Kate Sturgeon is a Senior Research Nurse at MRC Clinical Trials Unit at UCL. She has extensive clinical experience working in adult HIV and infectious diseases. She currently works as part of the core research teams for the Adolescent and Adults Living with Perinatal HIV Cohort (AALPHI), for CHIPS+ and for a new study, ‘Community-Acquired Pneumonia: a randomised controlled trial’ (CAP-IT). Previous research roles include UK co-ordinator for the PARTNER Study in the Research Department of Infection and Population Health at UCL and Senior Research Nurse for several TB studies looking at the development of new diagnostic tools for TB in both HIV positive and HIV negative populations.

Dr Ali Judd is an epidemiologist who co-leads the European Pregnancy & Paediatric HIV Cohort Collaboration (EPPICC), and leads the UK/Irish CHIPS and AALPHI cohorts. She also contributes to the Collaborative Initiative for Paediatric HIV Education & Research (CIPHER) Cohort collaboration.

Ms Patricia Rojas-Sánchez is a versatile post-doctorate research associate specialising in virology and bioinformatics currently working at University of Birmingham characterising RNA Pol II transcription dynamics. She has worked on HIV-1 molecular epidemiology analysing the effect of clinical factors in the molecular evolution of HIV-1 in Madrid (Spain). More recent work is with HIV-1 Molecular Epidemiology and the implications of AIDS in perinatally infected children and adolescents. During this period, she has developed an outstanding knowledge on the biology of HIV and on the clinical aspects of AIDS.

Professor Saye Khoo is Professor in the Institute of Translational Medicine at the University of Liverpool. He is Consultant Physician in Infectious Diseases at the Royal Liverpool University Hospital, lead HIV clinician and Chairs the Mersey, Cheshire & N Wales HIV Network. He also leads an active research programme in therapeutics of HIV, tuberculosis and hepatitis C.

Ms Sue Yeadon is HIV Trainer and Community Support Team Lead for Oxford Health. She has a background in teaching and initially started working in HIV in 1993 as a volunteer. She was employed by the NHS as HIV Trainer in 1997 but was able to expand the role to develop a community support service. She works with both adults and children specialising in supporting pregnant women living with HIV, children and families and newly diagnosed adults. She is a volunteer for CHIVA AFRICA and has supported the programme since 2004.

CHIVA Youth Committee (CYC) is a vibrant and creative group of young people who are keen to get involved in all sorts of projects and campaigns, and get the voices of young people living with HIV heard. The CYC has up to 12 members at each time, each serving for up to 2 years and representing young people living with HIV from across the UK and Ireland. Committee members are all aged between 12-18 years and HIV positive. They support CHIVA in their work and input into the development and direction of the charity. They have an elected chair and deputy chair.

Mrs Abi Carter is the CHIVA Participation Officer and supports the youth committee in their work.
Enhancing the health and social wellbeing of children and young people living with HIV.

Direct Support
Reaching children through direct work with clinics and family outreach work, to support those children and young people with HIV and their families in more critical need.

Professional Support
Ensuring children with HIV in the UK have the optimum health care provision through a professional membership network, national conferences, education meetings and engaging with commissioning and consultations.

Guidelines Resources, and Clinic Care
CHIVA produce Standards of Care for the Treatment of Children with HIV. Clinical guidelines and resources, information for wider professionals, children and their families is provided through the CHIVA website.

Support Camp
An annual 5-day support camp for children and young people with HIV providing knowledge and understanding of living well with HIV and peer support. Enabling the development of peer networks and addressing social isolation.

Website for HIV+ young people
CHIVA produce www.ifonlyyouknew.org.uk secure website for children and young people with HIV; providing information on growing up with HIV, audio clips from peers, films and sharing experiences.

Youth Participation
CHIVA Youth Committee gives a voice to young people with HIV, ensuring their participation in CHIVA's work and engaging with the media, policy makers and public to raise awareness of HIV.

@Freedom2spk

Arts Engagement
CHIVA develops projects which engage young people in creative arts through which they explore and share their experiences of growing up with HIV. Working with professionals they gain creative and technical skills.

chiva.org.uk
t: @CHIVAprojects