

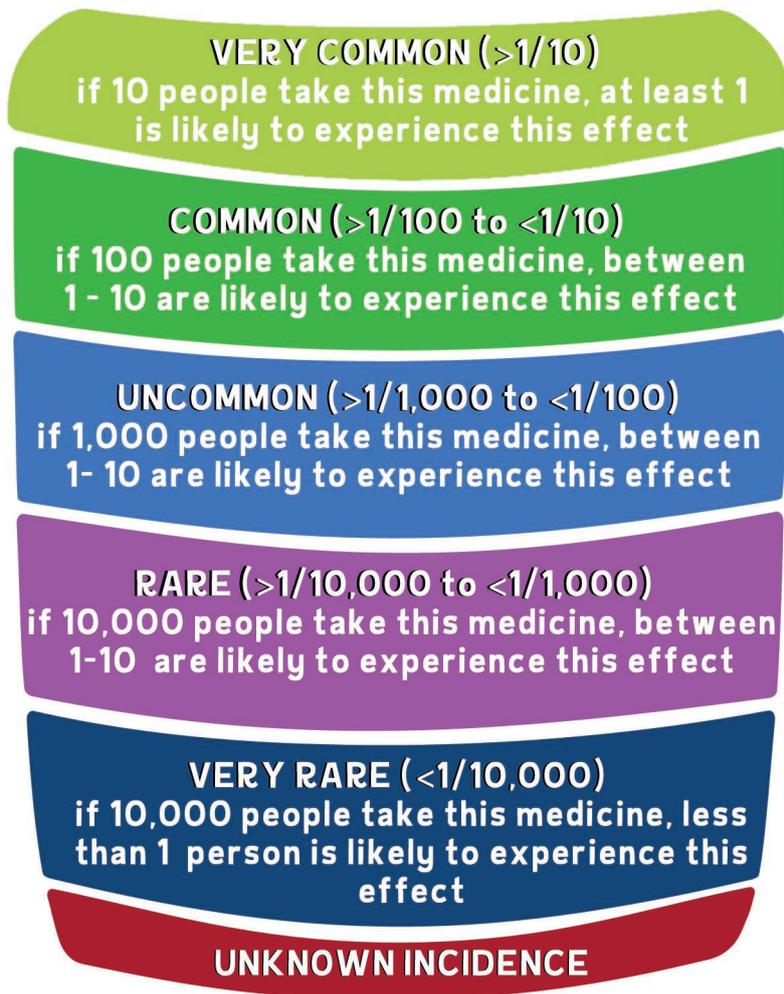
SIDE EFFECTS

WHAT ARE SIDE EFFECTS?

Side effects are undesired effects that are caused by medicines. In most cases they are mild but sometimes they are unpleasant or even harmful. Some side effects may disappear on their own but others may get worse. All medicines are associated with some possible side effects.

HOW OFTEN DO THEY OCCUR?

The following definitions describe how common a side effect is:



WHAT TO DO IF I HAVE ANY SIDE EFFECTS?

If you think you experience a side effect please report this to your HIV Nurse or Doctor as soon as possible. Make sure you have a contact number to ring. Please remember that this list is not a complete list and if you have any specific questions about the medicines you take or anything you have read on this leaflet please speak to your HIV Nurse or Doctor. Effects on your mood, thoughts, behaviours are *shown in italic*.

A-Z OF HIV MEDICATION:

ABACAVIR



Sometimes abacavir can lead to a severe reaction called hypersensitivity. Your doctors will do a genetic test to see if you are at risk of this before giving you this medicine so it is unlikely to happen, however if it does happen it's very important to seek medical help as soon as possible. Signs of hypersensitivity reaction (CAPITALS = more common):

FEELING SICK, VOMITING, DIARRHOEA, TUMMY ACHE, DIFFICULTY BREATHING, COUGH, FEVER, FEELING TIRED, HEADACHE, PROBLEMS WITH YOUR LIVER TESTS, ACHING MUSCLES, mouth ulcers, swollen hands or feet, swollen glands in the your neck, low blood pressure, red eyes, pins and needles, a drop in the numbers of white blood cells, joint pains, inflammation of the liver or muscles and kidney failure

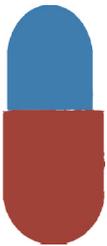
Other side effects:

Headache, feeling sick, vomiting, diarrhoea, rash, fever, *loss of appetite, feeling tired*

Problem of the pancreas

Severe rashes covering most of the body

ATAZANAVIR



Headache, yellow eyes, vomiting, diarrhoea, tummy ache, feeling sick, rash, *feeling tired*

Change in the shape of the face or body because of increase or decrease in fat, allergic reaction, diabetes, high blood sugar, change in weight and appetite, numbness or pins and needles, fainting, forgetting things, dizziness, feeling sleepy, change in the way things taste, high blood pressure, feeling out of breath, inflammation of the pancreas, bloating, mouth ulcers, wind, dry mouth, inflammation of the liver or gallbladder, severe rash, hair loss, itching, joint pains, aching muscles, kidney problems, breast enlargement (girls and boys), fever,

feeling sad often, feeling confused, feeling worried often, difficulty sleeping, funny dreams

Feeling of fast heartbeat, severe rash, change in balance affecting walking

DARUNAVIR



Diarrhoea, headache, feeling sick, rash

Numbness or pins and needles, dizziness, problems with your liver tests, change in the shape of the face or body because of increase or decrease in fat, diabetes, high blood fat or cholesterol, rash, itching, allergic reaction, vomiting, tummy ache, bloating, wind, inflamed liver or pancreas, aching muscles, *feeling tired, difficulty sleeping, loss of appetite, abnormal dreams.*

Kidney problems, more severe rash, sweating, hair loss, acne, dry skin, change in nail colour, red eyes, dry eyes, problems breathing, nose bleeds, sore throat, problems getting an erection, breast enlargement (male and female), change in appetite, change in weight, high fat or sugar in the blood, inflammation of the liver, high blood pressure, flushing, change in the way things taste, muscle weakness, joint pains, stomach ache, mouth ulcers, retching, dry mouth, constipation, fever, chest pain, low blood cell counts, *feeling sad often, disorientation, feeling worried often, problems sleeping, nightmares, problems concentrating or remembering things, feeling sleepy*

Feeling confused or agitated, severe rashes, joint problems, runny nose, fits, change in the way things taste

Very severe skin rash

DOLUTEGRAVIR



Headache, feeling sick, diarrhoea

Dizziness, vomiting, wind, stomach pain, rash, itching, problems with your liver tests,

Feeling tired problems sleeping, abnormal dreams, feeling sad often,

Liver problem, severe allergic reaction, feeling sad and thinking of hurting yourself

EFAVIRENZ

Rash

High fat in the blood, tummy ache, diarrhoea, feeling sick, vomiting, problems with your liver tests, feeling wobbly, problems concentrating, dizziness, headache, itching,

feeling sleepy, feeling tired, abnormal dreams, feeling worried often, feeling sad often,

NEVIRAPINE



Rash

Low white blood cells, headache, problem of the liver, severe allergic reaction, problems with your liver tests, feeling sick, vomiting, tummy ache, diarrhoea, fever, *feeling tired*

Low red blood cells (anaemia, joint pains, aching muscles, high blood pressure, jaundice, severe skin rashes, itching)

RALTEGRAVIR



Dizziness, headache, room spinning, tummy ache, wind, bloating, feeling sick, vomiting, rash, *low appetite, abnormal dreams, difficulty sleeping, feeling sad often*

Low blood cell counts, swollen glands, allergic reactions, diabetes, high blood fat or cholesterol, high blood sugar, numbness, pins and needles, ringing in the ears, feeling of a fast heartbeat, high blood pressure, nose bleeds, blocked nose, severe stomach pain, liver failure, acne, hair loss, change in the shape of the face or body because of increase or decrease in fat, severe rash, joint pain, back pain, muscle inflammation, kidney problems, breast enlargement (male and female), problems getting an erection. *Feeling worried often, feeling sad often and thinking of hurting yourself, memory problems, problems concentrating changes in the way things taste, sleepiness*

RITONAVIR



Stomach ache, feeling sick, diarrhoea, vomiting, inflammation of the pancreas, joint pains and back pain, change in the way things taste, numbness or pins and needles, headache, dizziness, flushing, feeling hot, sore throat or mouth, cough, itching, rash, *feeling tired*

Acne, flatulence, mouth ulcer, bleeding from stomach or intestines, heart burn, blurred vision, drop in the blood cell counts, fever, weight loss, problems with your liver tests, high fat or cholesterol in the blood, : change in the shape of the face or body because of increase or decrease in fat, swelling of hands or feet, allergic reaction, high blood pressure, low blood pressure, peripheral coldness, kidney problems, fainting, fits, heavy periods, inflamed muscles, aching muscles, *loss of appetite, difficulty sleeping, feeling worried often, confusion, unable to concentrate*

Kidney failure, diabetes, high blood sugar

Severe allergic reaction or skin rash

TENOFOVIR



Dizziness, diarrhoea, vomiting, feeling sick, rash, feeling tired

Headache, tummy ache, bloated stomach, wind, problems with your liver tests, feeling tired

Problem of the pancreas or muscles

Liver problems, painful bones, weak muscles, kidney problems

Thinning of the bones

ZIDOVUDINE



Headache, feeling sick

Low red blood cells, low white blood cells, dizziness, aching muscles, problems with your liver tests, vomiting, diarrhoea and stomach ache

Fever, pain, feeling out of breath, wind, muscle weakness, rash and itching, *low energy levels*

Heart problems, fits, difficulty concentrating, difficulty sleeping, pins and needles, feeling sleepy, cough, breast enlargement (girls and boys), loss of appetite, liver problems, inflammation of the pancreas, change in the colour of your gums, change in the taste of foods, itching, change in the colour of skin or nails, *feeling worried often, feeling sad often.*

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