



“Moving on well”

Adolescent transitional care

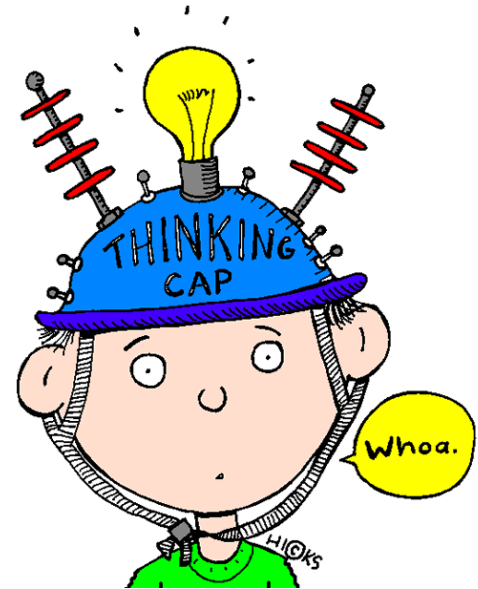
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Transitional care-the issues

- Neurological effects of HIV on children-
Historically problems were attributed to English as a second language, social and environmental factors
- Subtler changes more evident as the children age particularly when they hit secondary school
- Teaching about HIV diagnosis can be problematic due to issues with retention of information and executive function



1. Adult team confused as to what a big orange tablet is called?
2. Kid feeling like sitting an exam
3. Paeds team embarrassment



Case Study

- John diagnosed 4 years of age was 17 years old when he realised that he had HIV
- He was disclosed to age 13. Had lots of explanations etc
- at age 14 and 17 had consented to take part in HIV trials
- Age 17 attended Adolescent clinic and asked to speak to Yvonne. Asked whether he had HIV

Transitional models of care

- Models of Transitional care are being adopted nationally for children with long-term chronic conditions
- Most popular in Birmingham is Ready, Steady Go but not really suitable for our cohort as you have to pass through stages successfully to complete transition.
- Searched for transitional models for children with learning difficulties and Autism

“Moving on well”-transition document

- DOH 2008
- A good practice guide for health professionals and their partners on transition planning for young people with complex health needs or a disability
- Assessment incorporates all activities of daily living, an individual health plan and knowledge and management of diagnosis.
- Additional information from carers and other health professionals can be added in to provide a comprehensive picture of the child

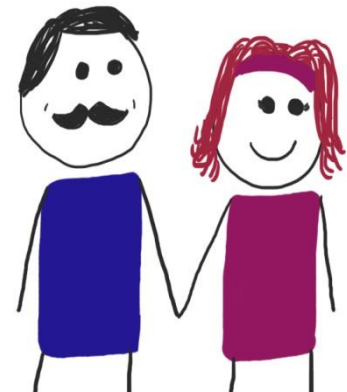


Health Transition Annex C

Yes/ No
I would like
help with this

- a) I am happy to talk about my needs and views.
- b) I can effectively communicate my views.
- c) I understand what 'confidentiality' means.
- d) I understand I should be involved in deciding who is given information about me.
- e) I know the names and roles of all health professionals working with me.
- f) I need some support to explain my needs when I see professionals during appointments/clinic visits.
- g) I go into health appointments on my own (if not, what support might you want?).
- h) I understand how children's and adult health services are organised.

**Additional Information and/or Parents'/Carers' Views
(with young person's agreement)**



Heartlands document

- Team-CNS's, Health Advisors, Pharmacists, Dieticians and Contraceptive nurse
- Paed nurse will be Lead Practitioner and will fill out the Health Assessment document
- Each member is designing a sheet(annex) which is pertinent to their field
- The health assessment will be filed in the front of the patient notes so will be easily accessible for all involved in their care

- Additional Information and/or Parents'/Carers' Views will provide useful information which the patient may be unaware of
- The patient will hold their own copy for use away from home eg.at University or in an emergency
- The assessment plan can be used as a transfer document for Adult care services.It will provide an easy reference for anyone who is unaware of the history and reduces the risk of repetitive questions

