



CHIVA Sex Education Audit

Alasdair Bamford on behalf of
Caroline Foster

8th CHIVA Conference – Manchester 2014

CHIVA SEX EDUCATION AUDIT 2013

BACKGROUND:

- UK cohort is increasingly adolescent
- Median age coitarche 16 years ¹
- Average age of transition 17.5 years
- 42 pregnancies in 30/252 women ²
 - 2/3 detectable VL at conception
 - Half of partners unaware of HIV status

¹ Croucher et al STI 2012

² Kenny et al HIV Med 2012

CHIVA SEX EDUCATION AUDIT 2013

AIMS:

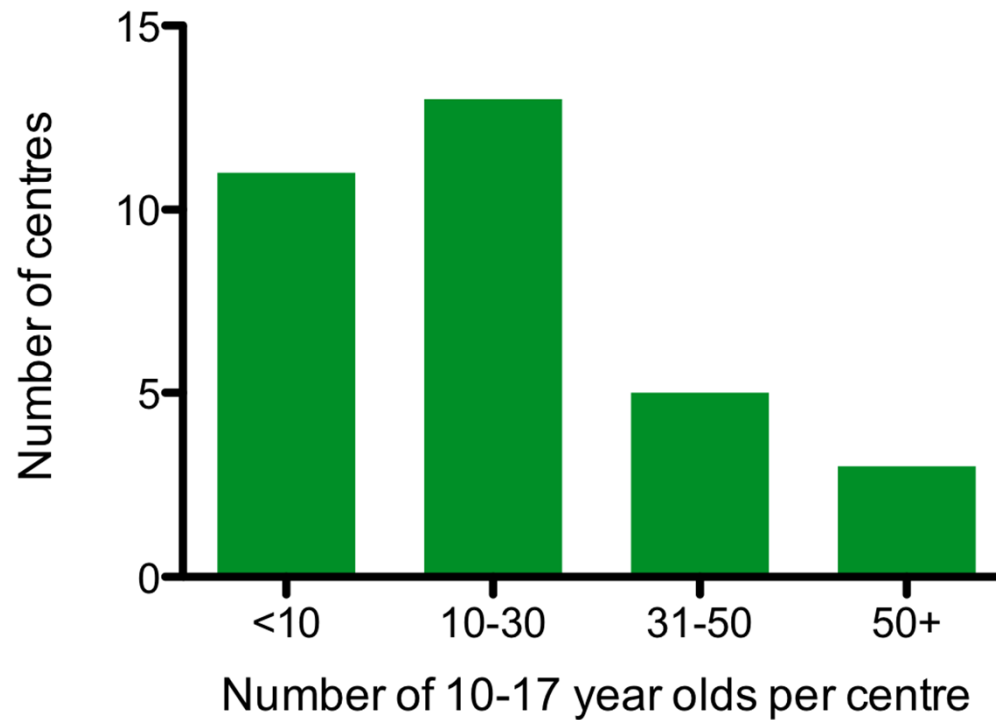
- Establish current provision of sexual health education (SHE) in paediatric care
- Identify barriers to SHE
- Identify training requirements to improve future service provision

CHIVA SEX EDUCATION AUDIT 2013

METHODS:

- Anonymised questionnaire
- 22 questions
- Sent to all centers reporting to CHIPS

Age distribution



Hospital designation

Hospital	N
District General Hospital	13
Specialist Children Hospital	10
Teaching Hospital	9

Clinic designation

Clinic Description	N
Paediatric HIV	14
Family HIV	4
Adolescent HIV	4
General Paediatric OPD	2
Adolescent/family HIV	5
Paediatric/Adolescent HIV	3

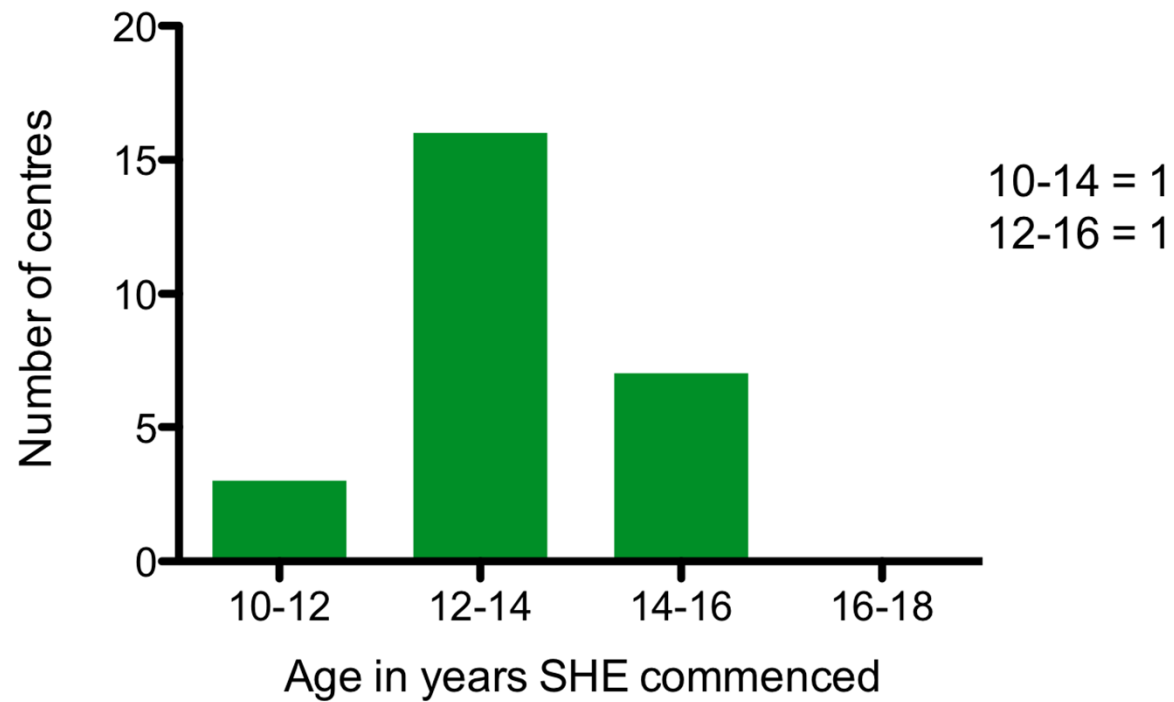
SHE provided in 29/33 (88%) clinics

Personnel providing SEH	n
Paediatric HCP alone	10
Paediatric <i>and</i> adult HCP	19
+ voluntary sector	3
+ psychology/CAMHS	2

Training of Paediatric HCPs

HCP Description	Training
Paed HCPs alone in clinic (n=10)	7 no formal training 3 SHE courses
Paed/adult combined clinics (n=19)	4 SHE solely provided by adult HCP
Paed HCP giving SHE in combined clinics (n=15)	11 - no formal training <i>“on the job”</i> <i>“basic medical education only”</i> <i>“HYPnet guidelines”</i> 3 SHE Courses 1 unknown

Age SHE commenced



How is SHE provided?

Present for SHE	N (29)
1 to 1	29
Parent/carer present	5
>1 HCP	3
>1 young person	4

What's covered in SHE (n=29)

Routine condom demonstrations

- M/F 17
- M only 2 (+1 F not yet old enough)
- Neither 9

PEPSE 16/29 mentioned specifically

Do you routinely cover criminalisation?

Yes 23/29 (79%) av age 14-16 years

Contraception

Contraception available in paediatric clinic	N (29)
None	8
Condoms only	17
Condoms + other	4
Referred to other services; GP/GUM/FPC/YP	13

4 Clinics providing no SHE

- All <10 patients age 10-17
- 3 DGHs, 1 childrens hospital
- 3 paediatric HCP only, 1 adult when 16-17

Why?

- *Lack of staff, training and resources (3)*
- *Covered at tertiary centre (1)*
- *Loss of CNS (1)*

Service improvement?

19/29 clinics replied

- More training 7
- More resources 3
- More time 3
- More privacy/enviroment 3
- Access to Adult ID/Health advisors/ CNS 7
- Universal guidelines for all sectors 1
- Better team co-ordination 1

Provision of SHE in all paediatric clinics not just HIV

Conclusion

- HIV infected young people require SHE
- 12% of clinic provide no SHE
 - Lack of staff/training/resources
- Clinics must work with parents, schools, peer support, GUM
- Improvements could be made
 - More training
 - Access to adult doctors/CNS/HA

SharedServices



Health Education North Central and East London
Health Education North West London
Health Education South London

*Developing people for
health and healthcare*



**A training day
for Paediatric,
GP, GUM and
CSRH Trainees**

Learning Together Adolescent Sexual Health

What? Sexual health history ::
STIs and Teenage Pregnancy
Safeguarding and FGM ::
Case discussions and role
play

When? Tuesday 21 January 2014,
08:30-17:00

Where? Lion Court Conference
Centre
25 Proctor Street London
WC1V 6NY

Cost? **FREE! Includes lunch.**
We do however ask for a
refundable £40 deposit to
ensure your place.

For more information and to register click here:
adolescenthealthday@gmail.com. }



ID and sexual health - LSSP study day and LME

organised by the Paediatrics & Child Health Section

Tuesday 10 June 2014

- 8.30 am **Registration, tea and coffee**
- 9.00 am **Introduction to the day and pre-course quiz**
Dr Alasdair Bamford, Paediatric Infectious Disease, Immunology and BMT SpR, Great Ormond Street Hospital and Dr Tish Shah
- 9.15 am **Paediatric hepatitis update**
Dr Eleni Nastouli, Consultant Virologist, University College Hospital
- 9.45 am **New infectious disease diagnostics**
Dr Hugo Donaldson, Consultant Microbiologist, Department of Microbiology, Imperial College Hospital NHS Trust
- 10.15 am **Kawasaki's Disease**
Dr Paul Brogan, Academic Consultant and Honorary Senior Lecturer, Great Ormond Street Hospital
- 10.45 am **Tea and coffee break**
- 11.15 am **Paediatric HIV: Now and the future**
Dr Hermione Lyall, Consultant in Paediatric Infectious Diseases, Imperial College Hospital NHS Trust
- 11.45 am **Video / person talking**
CHIVA Youth Committee
- 12.00 pm **Toxic shock and beyond**
Professor Nigel Klein, Professor and Consultant in Paediatric Infectious Diseases and Immunology, Great Ormond Street Hospital
- 12.30 pm **Lunch**
- 1.30 pm **Breakout cases**
- 2.40 pm **Tea and coffee break**
- 3.20 pm **How to take a history and talk about sex**
Dr Caroline Foster, Consultant Paediatrician Specialising in Adolescent HIV and Transitional Care, St Mary's Hospital, Imperial College Hospital NHS Trust

Thank you

- Steve Welch
- Ali Judd
- Annette Langseth, David James,
Camilla Sen, Hermione Race
- All those completing questionnaires