

Check list for clinic consultations:

This checklist was suggested by young people who took part in the CHIVA Treat Me Like This patient engagement project. To be used in clinic consultations to ensure that patients are able to decide what happens in their consultation.

HIV Knowledge and Understanding:

What does viral load mean

What does CD4 count mean

How HIV is passed from one person to another

How do children like me get HIV

How HIV affects other people in my family

How does my immune system work

Yes	No

Medicine:

How do HIV medicines work

What does resistance to HIV medicine mean

Side effects from medicine

Changing the time I have to take my medicine

Tips to help me with taking my medicine

I'm finding taking medicine really difficult at the moment

Friendship and relationships:

How to tell a friend or partner about my HIV

Having safer sex

How to use condoms

Whether I have to tell someone I'm having sex with about my HIV

HIV transmission in different sexual activities

STI's

How to have a baby without passing on HIV to the baby

Having a sexual relationship with someone else who has HIV

Yes	No

Emotional and Social well being:

Feeling low and worried

Finding it difficult to be motivated

Feeling angry and upset about having HIV

Wanting to harm myself

Feeling worried about my future with HIV

How to meet other young people with HIV

Struggling with my school or college

Unhappy at home

Not feeling safe
