

### What is Freedom To Be (F2B)?

F2B is a support camp for children and young people living with HIV. The camp lasts for five days and includes workshops about living well with HIV and fun activities such as dance, singing, drama and football. This year we will be inviting **11-17 year olds** to attend.

### F2B 2024

Camp will take place in Derbyshire from 29th July to 3rd August 2024 (the young people arrive on 30th July). We want to recruit some new Camp Leaders to come to camp and act as mentors for the young people there.

### What is a Camp Leader?

A Camp Leader is a young person aged 18-25 who is living with HIV and will help run the support camp. They will be a mentor to the young people, and help with the running of the camp too.

If you have previously attended camp as a young person you need to wait two years after attending before you can be a Camp Leader. This is because you will now hold a different role at camp and taking a bit of time away will help you achieve this effectively.

We are recruiting up to 10 Camp Leaders, a team of fun, energetic and responsible people. Whilst being a Camp Leader will be a lot of fun, it is also a responsibility. You will help us to run the camp and have responsibility for the health, safety and wellbeing of the young people who attend.

### Honesty and Trust

It will be important to be honest with us at Chiva about how you are feeling about your HIV from the very start of the process. If you are struggling to accept your own HIV or currently not taking your medicine, we will not turn you away.

**However**, we would like you to tell us about these struggles, and it is important that we know. As a Camp Leader you will sometimes be asked to talk about your own experiences with HIV, either in front of large groups in a workshop, or individually when supporting a young person. You will find this hard if you are struggling yourself and it is important that the Camp Leader Supervisor knows about this so they can support you to be the best Camp Leader you can be at that time.

The **qualities** which we feel are important for Camp Leaders are:

- \* Being committed and enthusiastic
- \* Sensitive and able to empathise with other people
- \* Confident in talking with children and young people about HIV
- \* Having a strong commitment to equality and non-discrimination on grounds of race, ethnicity, country of origin, religion, gender, sexuality or disability.

The **skills and abilities** which we feel are important for Camp Leaders are:

- \* Excellent communication skills
- \* Being able to motivate and inspire others
- \* Being able to work in a team
- \* Good organisational skills
- \* Able to be a role model for other young people living with HIV
- \* Being flexible – things often change at camp

Camp Leaders do not need to have worked with young people before, as we will be there to give lots of support, information and training for you to take on the role.

It is important to remember that as a Camp Leader you are in a very different role to if you were a young person at camp.

#### **What would I gain from being a camp leader?**

- \* Direct experience of working with young people
- \* An experience working alongside other like-minded young people living with HIV
- \* Being involved in a unique experience for young people living with HIV.

If selected, all Camp Leaders must attend a four-day training residential (venue TBC), arriving on the afternoon of Wednesday 12 June **and going home at the end of the day on Saturday 15 June**. At this residential, you will get to know your team and get the chance to develop new knowledge and skills in working with children and young people. Many of these skills will be useful in other jobs and will be good for your CV. **Attendance on the course does not automatically mean you will be selected to volunteer at camp this year.**

All travel expenses will be covered and food provided during the course.

#### **Who can answer my questions?**

Thoko Chibowa can answer any questions. You can text, WhatsApp or call 07354 842775 or email [Thoko.Chibowa@chiva.org.uk](mailto:Thoko.Chibowa@chiva.org.uk)

#### **How do I become a Camp Leader?**

1. Fill out the [short application form](#) via our website, or call the office to talk it through. Do this BEFORE 5pm on 15 April 2024.
2. Your application form will be assessed by the Camp Support Team.
3. You will need to complete a self-declaration form for past criminal offences, but we will let you know about this if you are successful. Chiva is committed to confidentiality and this information will be stored securely. If you would like to talk about any criminal convictions, please contact Amanda Ely (she's Chiva's CEO and her number is 07484 830329). This conversation will be confidential too.
4. We will invite up to 10 people to attend the training (venue to be confirmed). After the residential, we will confirm who will be invited to volunteer at the Support Camp. You will also be asked to sign a 'Camp Leaders Agreement' with Chiva.
5. You will join us for hard work and fun times at F2B 2024!