



## What to bring to camp?

### **Waterproof coat**

**Comfortable clothes and sportswear** - that you don't mind getting a bit dirty

**Clothes to wear in the evenings** - we will have a party on Friday evening so you may wish to bring something to wear then.

**Trainers** - try to bring a spare pair that you don't mind getting dirty or wet

### **Slippers/flip flops**

### **Nightwear**

**Toiletries** - Toothpaste, soap, shampoo, hair products etc.

### **Towel**

**HIV Medication** - enough for the whole week

### **Any other medication you take**

**Torch** - if you have one

**A watch** - if you have one

Chiva is not responsible for items which you lose at camp. **So please do not bring anything of value to camp that you would mind losing!**

You will be sharing a dorm room with a group of friends. Bedding is provided.

There will be three meals a day provided for you at camp, as well as snacks in the evenings. You do not need money for anything. If you want to you can bring a small amount of money (£10 max) to buy snacks/drinks on your journey to and from camp.

You may bring **your phone** for the journey to and from camp but you will need to hand this in when you arrive. This protects the safety and privacy of all participants and means that everyone can talk fully and freely.

## Notes to parents/carers

### **Care and Support for participants**

At camp, safety and wellbeing is the most important thing for us. Each child will have an allocated Key Worker for their whole time at camp, and this person will look after them and help them manage their medication. We have a rota of medical leads available throughout camp who are HIV specialists. We have a child protection policy that outlines how we ensure children's safety and protect them from harm on camp.

### **Photos and filming**

Confidentiality is incredibly important to us, and we **never** use photos or film where people can be identified.