



GROWING TOGETHER FOR  
HEALTH AND HAPPINESS

## CHIVA IMPACT REPORT 2025

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Company no. 06337017  
Charity no. 1122356

# ABOUT CHIVA

## CHARITY MISSION STATEMENT

Chiva is dedicated to enhancing the health and wellbeing of children, young people, and young adults growing up with HIV. Chiva works to ensure that young people living with HIV have the treatment and care, knowledge, understanding, skills and wider support needed to live well and achieve their greatest potential.

Chiva achieves its mission by providing direct support for children, young people and young adults living with HIV and their families, working closely with clinic teams, and by delivering programmes which offer comprehensive and integrated support to empower young people towards healthier and more fulfilling lives.

## HOW WE WORK

Chiva delivers its work through a dedicated team of staff, supported by volunteers, Trustees, Steering Group members, and strategic partnerships. Together, we provide vital support and advocacy for children, young people and young adults living with HIV across the UK and Ireland.

Our work is structured around distinct projects that align with our mission, ensuring young people receive tailored support. By operating at a national level, we bring young people together through residential, allowing them to build peer networks that foster connection, understanding, and support. Regionally, our staff collaborate closely with clinical teams to provide direct, locally based support and practical assistance.

Beyond direct support, Chiva plays a key role in strengthening professional practice. We produce clinical guidelines and resources, facilitate education and professional development events, offer a hub of information and resources on the Chiva website and provide access to a professional peer network through Chiva membership, sharing information via regular member bulletins and newsletters.

Advocacy and research are central to our work. We engage in audits, studies and research to ensure the needs of young people with HIV are fully understood and can be effectively responded to. By representing their interests in NHS service commissioning and influencing wider policy, we help shape the future of care and support for this community.

Through developing campaigns and educational resources, we work to improve wider public understanding of HIV, particularly as it affects children and young people, aiming to address ongoing stigma and misinformation around HIV which can cause further difficulties for the children, young people and their families who our work supports.

Young people's voices are at the heart of Chiva. Our dedicated participation programme provides meaningful opportunities for young people to influence and shape our work, contribute to policy development, and raise awareness. We also offer paid and volunteer roles, including co-production, peer leadership, and youth facilitation, ensuring young people can progress from programme participants to leaders within the organisation.

Chiva remains committed to empowering young people, strengthening professional networks, and driving systemic change to improve the lives of those growing up with HIV.

## YEAR AT A GLANCE



**378** children, young people and young adults living with HIV were actively supported in 2025

### How Young People Engaged with Chiva



**320** were supported by Chiva Specialist Support Officers (also supporting their family)



**24** were part of the Chiva Youth Committee



**43** took part in The Blueprint young adult programme



**89** attended Freedom to Be (F2B) Camp for 11-17 year olds



**29** families attended a Chiva Families' Weekend which included **28** young people living with HIV



**42** young people and young adults who have grown up with HIV took part in volunteering and/or paid project roles



**92** young people supported were new to Chiva in 2025

**1,580** total interventions were provided in 2025



## Chiva Events



**21** residential or day events were delivered, **13** of which were peer meet-up events held around the UK where Chiva Specialist Support Officers work



**29** families attended the two Families' Weekends. **97** individual family members attended in total

## Chiva Hardship Support Programme



**140** hardship support interventions were provided to **61** individuals/families which comprised:



Travel costs to attend clinic

62



Basic need items (e.g. household items, computers for education)

16

2

Food deliveries



60

Emergency accommodation support



**57** mothers with HIV received formula milk from Chiva comprising **246** deliveries of formula milk through the year



## Work with Professionals



Chiva's professional membership network included **265** health professionals



An average of **375** people received the quarterly Chiva newsletter providing updates from Chiva and wider HIV sector information including events, publications and articles

**14** professionals were members of the Chiva Steering Group, leading the work covered by different expert and special interest groups



### Expert Groups

Conference and Meetings  
Audits and Commissioning  
Clinical Guidelines  
Health Organisation Links

### Special Interest Groups

Nurses  
Psychologists  
Young Adult

**77** professionals overall were engaged with different aspects of work, led by the Chiva Steering Group



**4** education meetings were delivered with an average of **35** people attending

**161** people attended Chiva's annual national conference

## Digital Engagement Highlights



### Website

**26,756** page views from **6,585** users

**10,951** user sessions in total indicating returning users, including **4,779** engaged sessions, showing strong user interaction



### Social Media



Reached **10,839** people with **875** content engagements — around **50%** higher reach and engagement than 2024



Reached **9,593** people with **1,426** content engagements



**19,076** impressions with **588** content engagements



### Video Platforms



**23,087** video views with **175** engagements



**4,705** video views

**'Life Growing Up'** film remained the most viewed, followed by **'Safe With Me'**

*"One of the most important things Chiva has given me is a sense of community. Meeting other young people with similar experiences has shown me that I am not alone. Hearing their stories, sharing my own, and learning from professionals has helped me see that living with HIV does not stop me from achieving my dreams. It has changed my perspective, allowing me to focus on what I can do rather than what I used to fear."*

*(Participant on Chiva's Blueprint programme)*



# KEY EVENTS DELIVERED THROUGH THE YEAR

## FEBRUARY 2025

For the second time, we ran a Peer Associates weekend which was delivered in February.

16 young adults who have grown up with HIV attended. They had previously undertaken an array of peer roles with Chiva. Some had only been a volunteer at camp - others have been involved for years taking on different roles and engagements, often starting at camp and the Chiva Youth Committee and moving on to public speaking roles at events and conferences, working on campaigns, workshop delivery and project leadership roles.

The weekend aimed to ensure ongoing structured support, training, development and dialogue with this group. The programme covered reflective and creative activities on life journeys with HIV, exploring motivation to take on peer associate roles, information on current roles and shaping together what future opportunities may comprise. Training sessions on safeguarding, facilitation skills, working safely with trauma and self-care in practice was also included.

Chiva is committed to continuing to strengthen our offer of opportunities for adults who have grown up with HIV, recognising the huge value of their participation and shared expertise, whilst also appreciating what the ongoing community of Chiva can offer them in their personal and professional development.



Chiva has been working to strengthen this area of work, providing opportunities for young adults who have grown up with HIV to be involved in different Chiva events.

**“I love the connection with Chiva. I like to learn in the role. It feels so different than working at ‘work’. I feel like I have actually helped people”**  
*(Young adult attending the Peer Associates weekend)*



*(Peer Associates reflections on journeys of life living with HIV and becoming involved with Chiva)*

## APRIL 2025

In April, the 19th annual Chiva conference was delivered in London, engaging health professionals and other stakeholders to address Chiva's objectives to improving care and outcomes for young people living with HIV and enhance professional understanding.

The annual Chiva conference remains the UK's key professional learning event on HIV in childhood and young adulthood, providing continued professional development, accredited by the Royal College of Paediatrics and Child Health (RCPCH).

We were delighted to have so many attendees in 2025, 161 people attended from 69 different hospitals or institutions, with overwhelming positive feedback from participants who felt the event was interesting and highly relevant to their professional needs. 100% of delegates unanimously agreed the programme was well structured and the learning objectives were met.



Chiva's annual conference is a key event in the HIV education calendar, and we were very pleased with the international engagement in 2025. Professionals are increasingly challenged to find expertise in local regions due to reducing numbers of specialists in paediatric and adolescent HIV. As such Chiva's national educational events are critical to ensure those working in the HIV sector can come together to learn and share experiences. Delegates included those who had travelled from Portugal, Ireland, Denmark, Sweden and Albania.

The programme included 22 speakers, including one speaker from Zimbabwe and 34 abstracts were received for consideration for oral or poster presentation.

**"It was an incredibly informative and well-organised event that provided valuable insights into paediatric HIV care. The diverse range of topics covered, combined with engaging speakers, fostered meaningful discussions among attendees. I particularly appreciated the emphasis on holistic care, including mental health and family support, which are essential for the well-being of children living with HIV".**

*(Conference attendee feedback in the evaluation)*

## MAY 2025

The first of two Chiva Families' Weekends delivered in 2025 took place in May. With 16 family groups attending, comprising 46 individuals.

The Families' Weekend aims to build connection and community between families with children and young people growing up with HIV, whilst strengthening communication around HIV within individual family groups. It also aims to strengthen knowledge of HIV, build coping strategies, reduce isolation and offer support with managing other issues in families.

Witnessing some returning families arriving with so much more confidence than in the previous year, with their capacity to offer support to others coming for the first time, was testament to the incredible benefit of community support.

Art-based activities and creativity are at the heart of the Families' Weekends, allowing for exploration of sensitive topic areas in a more comfortable way.



*(‘Family flags’ created in workshops exploring family identity)*

Many families describe finding it very difficult to talk about HIV and often avoid it. Workshops facilitated the sharing of creative work on topics connected to family identity and HIV stories which enabled a gentle opening up of conversations between family members. Families express feeling a huge relief once these conversations begin to happen.

The programme also takes a wellbeing focus including yoga and mindfulness sessions. A dedicated creche for the younger children, and an activities programme for the teenagers allows parents/carers and young people to have separate group sessions as well as family together time.



*(‘The Group Tree’, a regular feature of the Families’ Weekend, added to throughout the weekend to capture feelings reflecting change and growth)*



*(Children enjoying outdoor activities during the Families’ Weekend)*

**“I don’t have to worry about the future. Communication in the family. Avoidance of self-stigma. I am not alone in this.”**

*(A parent carer on what they learned from attending the Families Weekend.)*

And another on the best thing from the weekend;  
**“Seeing old friends, meeting new ones, karaoke!”**

## AUGUST 2025

The 16th annual Chiva residential support camp, Freedom to Be (F2B) was delivered in August, taking place over five days and welcoming 89 participants aged 11-17, living with HIV from across the UK and Ireland. F2B camp is our largest residential programme for young people.

F2B aims to enhance young people's HIV knowledge and understanding, reduce the isolation often experienced by young people growing up with HIV and help develop peer networks and build confidence, self-esteem and aspirations for the future.

The camp programme mixes structured interactive HIV themed workshops, with outdoors activities including sports and outwards bounds as well as creative workshops which explore HIV through music, art, drama and this year included a delightful puppetry workshop. Evenings focus on whole group activities such as an annual whole camp Olympics, group Ted Talks, wellbeing and pampering sessions and an end of camp party.

An extensive evaluation of the impact of camp is completed every year to gain insight into the impact and experience of attending and how delivery may be improved. The information from pre and post camp evaluations enables Chiva to not only assess improvements to HIV related knowledge and understanding, but also to understand what camp means to participants attending. In this comment from the end of camp evaluation a young person reflects on what they had learned.

**“That my HIV is the best part of me that I can never be ashamed of.”**

Most people described creating new friendships as the most important aspect of camp, with significant mentions of improved confidence in abilities in the ability to reflect on their feelings around HIV.

**“That I’m the same as others and should be confident and live my life even with HIV.”**



*(A t-shirt designed by a young person during a creative session at camp)*

## OCTOBER 2025

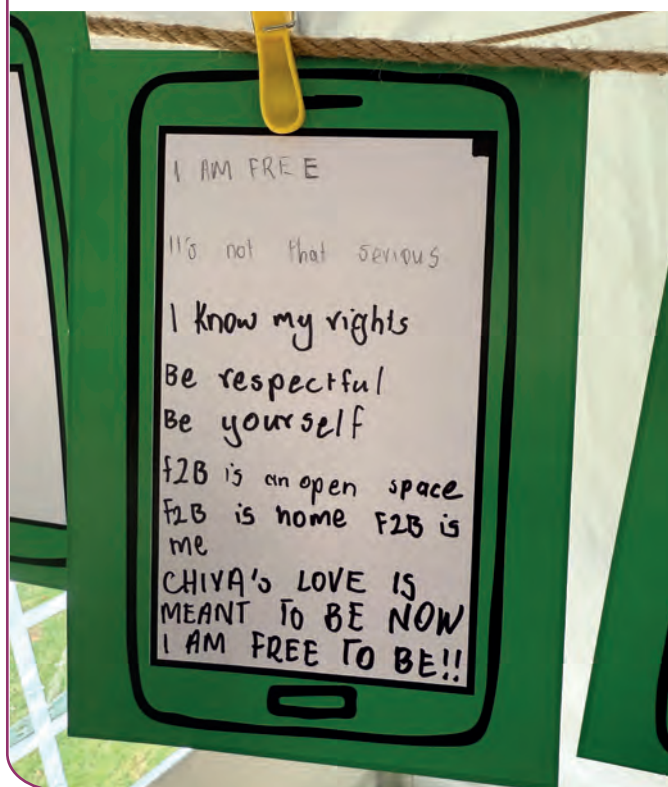
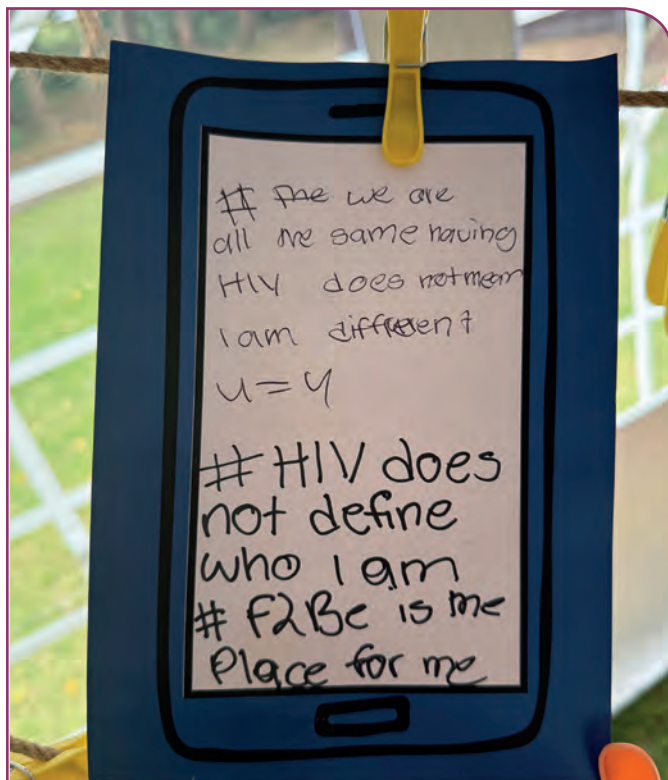
The second Chiva Families' Weekend was delivered in October and attended by 13 families comprising 51 participants in total. With the first Families' Weekend being heavily oversubscribed, a second event was planned to meet this demand. This weekend was held over two nights in Herefordshire and welcomed families from the Midlands, Northeast, Northwest and Scotland.

Held in a beautiful rural location, the setting allowed for rest and connection with the natural environment. We were pleased to welcome several new families who had not previously engaged in Chiva's activities and helped them to build connections with others in their region and access support around living well with HIV as a family.

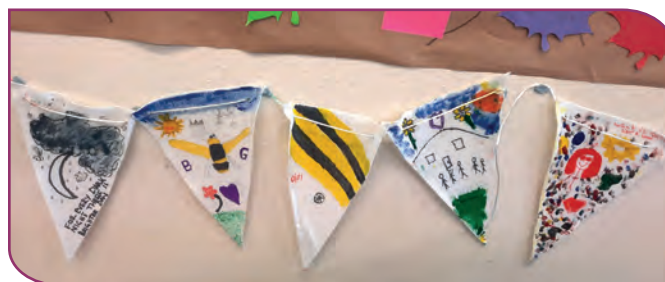
Several families who attended had previously met at a regional Chiva event for families with young people living with HIV and additional needs.

We were pleased to be able to make necessary adjustments to ensure the effective inclusion of young people with a range of additional needs, including physical and learning disabilities in addition to HIV.

Growing this support network for families who are navigating supporting additional needs as well as HIV has been a noticeable achievement within Chiva's family support work, recognising how challenging it can be for these families to receive the specialist advocacy support and information which helps them to live well and meet all of their young person's needs.



*(Young people's reflections shared in the camp closing ceremony)*



*('Family flags' created over the weekend to reflect family identity)*



A mother reflecting on how she sees the benefits of her family attending the Families' Weekend for the second time (below), illustrates why the weekends away have become an important feature in Chiva's annual programme.

**“This year was our second year attending the families' weekend.**

**We enjoy coming to the camp because we are able to talk freely with other families. Living with HIV can be very isolating it feels like a part of you has to remain hidden in order to be accepted. At families' weekend we get to feel part of a community where we can be fully and authentically ourselves. We also share experiences and learn from each other. We feel free to discuss how living with HIV affects our family and the challenges with that. We also get to share positive experiences and stories of hope along our journey. We find it so helpful to be able to build connections with other families that carry on after camp....”**

## NOVEMBER 2025

The Blueprint is Chiva's core support programme for young adults aged 18-25. It aims to provide a structured programme around four core areas, which were identified by a group of young adults who came together to co-design the programme:

- Enhance mental health and wellbeing
- Improve financial literacy
- Develop self-confidence and aspirations for the future
- Improve HIV self-efficacy skills

The programme runs each year between September and May. So, in one year two groups are engaged in the programme.

The Blueprint participants who joined the programme starting in September 2025 went away for a three-night residential retreat in November. With 14 young adults attending and supported throughout by a team which included several young adults who have also grown up with HIV, the programme focussed on understanding HIV and developing confidence and self-esteem.



It was notable that many evaluation reflections on what people found most helpful relating to developing their confidence and HIV-related understanding were the sessions that covered sharing HIV status information with others and hearing others' experiences.

**“Other people's stories helped me feel comfortable and more open to sharing my status.”**

*(Young adult comment in evaluation.)*

In relation to what was most valued about the residential, comments mostly referred to the opportunity to meet new people and build connections.

**“A space where I didn’t feel alone. Where I could hear for myself that other people were going through the same mental battles with their status. That we’re all on a journey at different points and that aspect was just so comforting to me.”**

## SUPPORT PROVIDED TO YOUNG PEOPLE AND FAMILIES LOCALLY

Chiva extends support to young people and their families through the year, via a regional support programme delivered by Chiva Specialist Support Officers working in different regions of the UK with the medical teams in these locations. The locally based staff team members offer support during clinic appointments as well as attending home visits.

143 home and community visits to young people and their families were provided by Chiva staff over the year.

The regional support programme builds a holistic model around clinical care. Staff provide critical support helping achieve positive health outcomes, including helping with issues such as medication adherence, maintaining engagement with clinical care, and helping with transport costs to clinic. Staff regularly follow up with young people who have missed appointments.

They also collaborate with other agencies to extend support and provide advocacy, for example addressing welfare and housing issues and providing mental health support, all of which will impact engagement and retention in healthcare if not effectively supported. They can also be a critical source of holistic support during the period when children are newly diagnosed, or newly arrived in the UK, a particularly challenging time for families.



Team members organise local peer meet-ups through the year to enable peer support networks to grow locally and deliver HIV education activities to help develop self-efficacy skills. 13 peer meetups were held during the year in London, Yorkshire, Midlands and Southwest.



*(Young person capturing their future aspirations during an arts session at a peer meet-up event.)*

**“Before attending, I felt like I was the only one going through this. Meeting others made me feel normal again. It helps reduce the fear, the shame, and the isolation. It gives us hope and strength to keep going. Thank you so much for this opportunity”.**

*(Young person following attendance at a local peer meet-up event.)*

Appropriate psychological support has been increasingly difficult to access via NHS services. Where support has proved impossible to access, Chiva have funded psychological and therapeutic support privately for young people, to ensure mental health needs are addressed, whilst continuing to advocate for the need for psychological support to be available via NHS services.

In 2025, six young people had psychological support funded by Chiva during the year, with some in longer term therapy, and others requiring clinical psychology input for example for cognitive assessments, or to work with complex trauma.

## PRACTICAL ASSISTANCE

Chiva began a hardship support programme during the COVID-19 pandemic when concerns about access to basic provisions were realised. Chiva continues to provide practical assistance through a hardship support fund to address basic needs and support the costs of attending clinic, which for many can present a barrier to accessing care and present risks around engagement. Many young people travel significant distances to their closest specialist HIV centre, and the costs can be considerable.

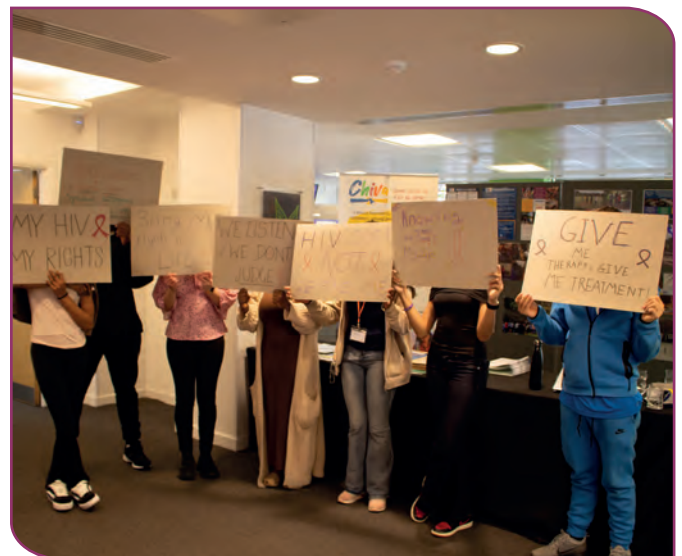
61 families received help via the hardship support programme in 2025, comprising 140 distinct interventions of support relating to practical assistance. The highest number of provisions were for food and travel costs to clinic. In addition, 57 mothers living with HIV were provided Chiva

funded formula feed for their infants through the year comprising, in partnership with the Food Chain.

Clinic teams and wider professionals can access this support on behalf of their patients via the Chiva referral form on our website, which also ensures eligibility criteria are met. Chiva staff may also refer for hardship support in their ongoing work supporting young people and families.

## YOUTH PARTICIPATION

The Chiva Youth Committee (CYC) is the organisation’s principal participation programme, comprising of 20 young people living with HIV who are aged under 18 when joining the committee. They meet regularly throughout the year and develop their own programme of work centred around their objective to be the voice of children and young people living with HIV in the UK. They ensure that their voices are central to the work of Chiva and use the opportunities for advocacy to influence policy, practice and improve HIV awareness more broadly.



*(The CYC during their annual symposium at Chiva Conference in 2025.)*

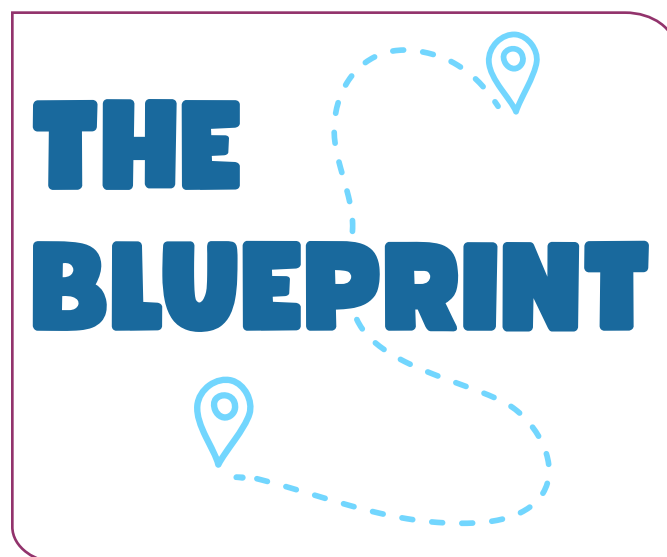
Their work programme encompasses three residential meetings where they discuss and plan work and engage with wider organisations. Additionally, they come together to attend the annual Chiva conference and present their symposium.

In between the face-to-face events, the CYC meet regularly online, and some individuals will take on additional activities. Some of the key achievements from the CYC in 2025 included:

- A presentation at a conference on adolescent health, sharing their health care insights.
- A symposium at the Chiva annual conference on global experiences of children accessing treatment and care and calling for children's rights to be respected around HIV.
- Worked on new guidelines for online safety for the group and their wider Chiva peers and presented this at Chiva camp.
- Provided a consultation session to a PR company interested in developing a campaign to increase understanding of young people's experiences of HIV.
- Worked with researchers at University College London (UCL) supporting a project exploring data access to enable long term follow-up of children growing up with HIV into adulthood.
- Developed engaging content for sharing on TikTok to raise awareness.
- Progressed with their book project collating stories from CYC members.

Over the past year, the CYC has brought the voices of children and young people living with HIV to the heart of Chiva's work; engaged with research; helped ensure that lived-experience feeds into resource development and raised public understanding of HIV through powerful advocacy.

## THE BLUEPRINT FOR 18–25 YEAR OLDS



The Blueprint which begins with a new group of participants every September, is delivered via regular online sessions to build rapport and provide educational content, a three-night residential retreat, an in-person day meet-up and a period of one-to-one coaching for each participant to work on an identified goal. In addition, participants are provided tailored workbooks which are aligned with the four objective areas to support their engagement and provide independent engagement with content outside of Chiva activities.

From an initial recruitment of 25 young people when the 2024/25 programme began, 14 remained actively involved and completed the whole programme.

Evaluation indicated that the online sessions were highly valued by participants, particularly with the contribution of external speakers and experts, such as ask the doctor session and hearing from an HIV activist.

The one-to-one coaching element of the programme was also highly valued.

**“One of the most important things Chiva has given me is a sense of community. Meeting other young people with similar experiences has shown me that I am not alone. Hearing their stories, sharing my own, and learning from professionals has helped me see that living with HIV does not stop me from achieving my dreams. It has changed my perspective, allowing me to focus on what I can do rather than what I used to fear.”**

*(Blueprint participant in the end of programme evaluation)*

## WORKING WITH PROFESSIONALS

Chiva’s work with professionals is led by the Chiva Steering Group. The Steering Group meets twice a year and expert groups within the overall group meet additionally, to work on specific areas. Their focus is on ensuring optimal care and outcomes for young people and providing support to professionals working in HIV.

## CONFERENCES, EDUCATION MEETINGS AND EVENTS

In addition to the successful 19th annual Chiva conference held in March, Chiva also delivered four ‘after work’ education meetings to provide access to specialist topics of interest for Chiva members and wider stakeholders. Three were delivered online to facilitate access and one in-person focused on learning from the delivery of Chiva’s F2B camp and Families’ Weekends.

These meetings serve to not only provide ongoing learning opportunities but also a space for clinicians to share practice challenges and receive advice and support from peers. The meeting focus is chosen based on member interest and in 2025 topics included: research on re-engagement in care, the experiences of families newly arrived in the UK, and obesity.

## CLINICAL GUIDELINES AND TOOLS

Chiva Guidelines Group have continued the review of the resources and clinical guidelines on the Chiva website. The guidelines and resources have benefited from a thorough review and update to improve presentation on the Chiva website for ease of access.

In 2025, a full review and update to the Chiva Standards of Care - which sets out the care that should be provided to children, young people and families living with HIV - was completed and launched at Chiva’s annual conference. A further guide intended for families was created to inform them what they can expect from their care providers in relation to the Chiva Standards of Care.



**NEW**

**Chiva Standards of Care**  
for infants, Children, and Young People Living With HIV, and  
Infants Born to Mothers/Birthing Parents with HIV  
2025

**YOUR GUIDE**

**HELPS CHILDREN, YOUNG PEOPLE AND YOUNG ADULTS LIVING WITH HIV, AND THEIR FAMILIES, UNDERSTAND THE KIND OF CARE THAT CLINICS AND HOSPITALS SHOULD BE PROVIDING**

The guidelines group have agreed to a key focus on providing updated guidance on the testing of children for HIV, to address the issues of children being undiagnosed or being diagnosed late, with associated risks to health. Two projects have begun, to introduce new HIV testing guidelines for children and update the existing “Don’t Forget the Children” guidance for adult settings, to ensure children of adults living with HIV do not miss being tested for HIV themselves.

Further guidelines worked on during the year include Sexual Health guidance and Psychological Standards which are nearing completion.

### AUDITS AND COMMISSIONING

A transition audit on children moving from paediatrics to adult HIV care was completed and delivered in partnership with the National HIV Nurses Association, with findings being analysed for sharing.

A Chiva Steering Group member is part of the British HIV Association (BHIVA) Audit committee, ensuring that issues pertaining to children and families are raised in audit planning and review discussions and helping to ensure a strong partnership continues between the two national associations.

Chiva CEO and clinicians from the Steering Group attend the Clinical Reference Group (CRG) meetings which manage the commissioning of HIV clinical services in England, to ensure key decisions on service delivery and care quality discussions include consideration of young people’s needs.

Chiva has also chaired a working group for updating the service specification on paediatric HIV clinical services, working with the NHSE (NHS England). This updated service specification was finalised in 2025 and awaits NHSE approval for implementation.

### HEALTH ORGANISATION LINKS

This group leads on maintaining links with other health organisations, coordinating responses to consultations by engaging with Chiva membership to collate their practice-based experiences and evidence and submitting these to influence policy and service development. It also facilitates meetings for professional groups working in the sector.

In 2025, the group coordinated responses from Chiva to consult on early drafts for the updated BHIVA guideline on the management of HIV in pregnancy and the Government’s new 10-year Workforce Plan.

### PROFESSIONAL SPECIAL INTEREST GROUPS

Chiva facilitates professional engagement and networking by coordinating groups focused on current priority issues in practice and exploring opportunities for new projects identified by Chiva members.

These groups include paediatric nurses, psychologists, and a young adult special interest group, along with a research group for pursuing research initiatives.

Supporting these professional groups ensures awareness of key issues in practice, which in turn informs strategic planning.

The research group worked on developing a Patient Reported Experiences Measure (PREM), in collaboration with the Chiva Youth Committee. The tool provides clinics a means through which to capture patient feedback on the experience of attending clinic and enables identification of any necessary improvements or issues to address. The PREM has been rolled out across the UK clinic network since April 2025, and clinics have received reports back illustrating responses, providing insight into patient experiences, to support service improvements.

In 2025, across the Steering Group activities including expert groups and professional special interest groups 77 professionals engaged with this work, illustrating the key role Chiva continues to play in supporting and coordinating professional activities and educational support around HIV in childhood and for young adults with perinatally acquired HIV.

## HIV AWARENESS RAISING

Chiva actively engages in HIV awareness raising as a core element of the organisation's strategic plan, recognising that enhancing public and professional understanding serves children and families who will be less exposed to stigma and misconceptions.

Professional awareness raising is addressed through the ongoing development and dissemination of resources, including engaging audio-visual content and assets for sharing on social media, and maintaining the Chiva website which offers a hub of information for professionals and families.

Chiva has a strong presence on social media and uses different channels to communicate with partners in the HIV sector, wider organisations and individuals, as well as raising awareness and sharing up-to-date facts with the public.

Digital platforms also serve to communicate our work activities and deliver campaign messaging.

A strategic priority has been reaching young people with HIV information, and we have been delivering a campaign targeting schools to raise awareness of HIV via education settings.

A mass mailing campaign was used to disseminate information to all secondary schools in the UK providing links to the Chiva HIV education toolkit and schools HIV policy document, offering further support via information packs sent out free of charge including a poster to display in school.

11 HIV education information packs were sent out in response to the whole school mail out. Two schools were provided HIV awareness sessions in person by Chiva staff reaching 250 students.

15 universities have displayed the Chiva *End HIV Stigma* poster.

Chiva staff provided talks at a meeting for the Sex Education Forum reaching 70 PSHE teachers and to a school nurses network covering several London boroughs.

Two university teaching sessions were provided for Bristol University Social Work masters students and East Anglia University nursing students.

'Safe with Me', Chiva's film telling the story of a young person attending Chiva F2B camp created in 2024 was awarded Silver in its category at the Charity Film Awards in 2025.



Safe With Me was the second most viewed film on Chiva's YouTube channel in 2025.

The charity's TikTok channel is used to share content aimed at increasing understanding of HIV among a wider youth audience, with content being largely created by the CYC.

'Growing Well' - A project developing a book and other resources to help with conversations with younger children about their HIV was started. The project takes a co-production approach, involving children and their parent/carers in the development of the story and design of the book with an illustrator attending focus groups to capture the ideas and views from the participants. 'Grace, Gigi and HIV' story book and information cards will be finalised and published in 2026 and made freely available to families and clinic team members, encouraging conversations with children about HIV from a young age.



## PARTNERSHIPS

In 2025, Chiva has continued to strengthen and expand its key partnerships across the HIV sector, working collaboratively and lobbying to improve outcomes for children, young people, and families affected by HIV.

Chiva maintains active relationships with national HIV associations, including BHIVA and NHIVNA, and holds a position on the BHIVA audit group. As an expert resource, Chiva provides guidance to national organisations such as the Department of Health and Social Care, NHS England, commissioning bodies, and Royal Colleges.

Additionally, Chiva supports ongoing data reporting on HIV in childhood through working with the Children's HIV and AIDS Reporting System (CHARS) team at UCL and has worked with the UK Health Security Agency to help ensure accurate data collection is maintained across the whole of the UK.

Chiva continues to engage with the All-Party Parliamentary Group on HIV/AIDS and maintains strong partnerships within the HIV voluntary sector.

Key collaborations have continued with The Food Chain to support the provision of food and formula feed through Chiva's hardship programme. Chiva also worked alongside National AIDS Trust and The Food Chain on a significant campaign advocating for universal access to formula milk for all infants of mothers/birthing parents with HIV who require it. Chiva were delighted that the new Government HIV Action Plan, launched in December 2025 included a commitment to funding formula milk for all infants of mothers living with HIV. Chiva is also a member of the working group of INFORM+ (International Feeding Choices Forum for People Living with HIV).

Our involvement with the HIV Action Plan continues, joining the implementation group for putting the plan into action, further advocating for children and young people's needs to be given attention in the plan.

Chiva is a member of the Fast Track Cities Initiative in Bristol and continues its involvement in the HIV Outcomes Group Steering Group, working to improve the quality of life and long-term health outcomes for people living with HIV in the UK and Europe.

Long-standing partnerships remain integral to Chiva's work, including its collaboration with Turtle Key Arts in delivering the Art Is Key arts engagement programme.

## ACKNOWLEDGEMENTS AND FUTURE PLANS

Chiva would like to thank everyone for their support in 2025 including partners and volunteers.

Special thanks to everyone who made donations in 2025 or took part in fundraising activities for Chiva. Thank you to the organisation funders: Drue Heinz Charitable Trust; Raise Your Hands; Hollyhock Foundation, ViV Healthcare and Gilead Sciences.

We look forward to the year ahead and to developing our new strategic plan for the period 2027-2029.



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